



Preferred Systems, Inc.

Providing Continuing Education & Training That Works

Too Good for Violence

PROGRAM OVERVIEW

Too Good for Violence™ K-12 is a school-based prevention program that uses the same research, theories, strategies and format that propelled Too Good for Drugs to national prominence, including Model Program designation from the Substance Abuse and Mental Health Services Administration (SAMHSA). Too Good for Violence™ K-12 addresses the most significant risk and protective factors at each developmental level to help students learn the skills and attitudes they need to get along peacefully with others.

Too Good for Violence™ promotes protective factors that help children get along peacefully:

- **Bonding** – creating a sense of belonging that results from having opportunities to participate and receive positive recognition from peers and adults
- **Norms** – promoting healthy beliefs and clear, positive standards
- **Skills** – enhancing the social and emotional skills for coping with anger and frustration, getting along with others, communicating positively, and negotiating conflict successfully

A Caring Approach to Violence Prevention

- Conflict resolution
- Anger management
- Respect for self and others
- Effective communication

By using these four interwoven concepts, Too Good for Violence™ K–12 is able to offer a caring approach to violence prevention. It teaches that each student has what it takes to solve conflicts peaceably and provides opportunities to practice peacemaking skills.

Character Education

Character education, the process of teaching students positive attitudes, beliefs and behaviors, is built on widely-shared ethical values which transcend religious and cultural differences and are, in fact, necessary for diverse groups to get along. In both content and teaching methods, Too Good for Violence™ K–12 promotes eight core character traits:

- Caring
- Cooperation
- Courage
- Fairness
- Honesty
- Respect

- Responsibility
- Self-Discipline

Ready to Learn More about Preferred Prevention Programs?

Contact us at **888-455-7437** or info@preferrededucation.com to learn more about our Behavioral Health Prevention Programs.